

SPEAKER PROFILES

CARDIOLOGY UPDATE 2009

ALASKA: AUGUST 2-9, 2009



Dr. David Fitchett

(Traditional Medicine)

Dr David Fitchett graduated from Cambridge University in the UK in 1970, and continued his clinical training at The Middlesex Hospital Medical School, London. His cardiology training was at The Brompton and Hammersmith Hospitals where he completed his MD thesis in Clinical and Experimental Studies of Heart Muscle Disorders. In 1978 he came to The Royal Victoria Hospital, Montreal where he was director of the CCU for more than 10 years, and medical director of the cardiac transplant program.

He is a fellow of the American College of Cardiology, The European Society of Cardiology and of the Royal College of Physicians of Canada.

In 1997 he came to St Michael's Hospital in Toronto as Director of the Cardiac ICU.

Dr Fitchett has over 190 reviewed publications, abstracts, and book chapters His research interests are clinical trials in acute coronary syndromes, and the impact of diabetes and metabolic syndrome on heart disease. He was a leader in the development of the recent Canadian Diabetes Guidelines.

Currently Dr Fitchett is an Associate Professor of Medicine at the University of Toronto and a Staff Cardiologist at St Michael's Hospital.



Dr. Martin G. Myers

(Traditional Medicine)

Dr. Myers is a Professor of Medicine at the University of Toronto and a member of the Division of Cardiology at Sunnybrook Health Sciences Centre. Dr. Myers has been active in clinical research in both hypertension and cardiovascular disease with a special interest in therapeutics. He co-founded the Canadian Hypertension Society. He serves on the editorial board of several hypertension journals and is involved in a number of national and international organizations in the field of hypertension. He has been the principal investigator of several national studies in hypertension and heart disease and has recently been on the steering committee of several large multicentre international studies. Currently, Dr. Myers is currently the recipient of a special research grant from the Heart and Stroke Foundation of Ontario to study the use of automated blood pressure monitoring in the community. His main clinical interests are in hypertension and the post-operative care of the cardiac surgery patient.



Dr. Sunita Vohra

(Integrative Medicine)

Sunita Vohra MD FRCPC MSc is a pediatrician and clinician scientist, with a Masters degree in clinical epidemiology and fellowship training in clinical pharmacology. A Professor in the Faculty of Medicine and School of Public Health at the University of Alberta, Dr. Vohra is the founding director of Canada's first academic pediatric integrative medicine program, the Complementary and Alternative Research and Education (CARE) program at the Stollery Children's Hospital (www.care.ualberta.ca). She is the recipient of a Canadian Institutes of Health Research New Investigator Award and an Alberta Heritage Foundation for Medical Research Health Scholar Award.

Dr. Vohra is recognized as an expert in complementary and alternative medicine (CAM) by Health Canada and has worked with them to identify and mitigate harms related to natural health product use. She was invited to write the Canadian Pediatric Society statement on the use of natural health products in children and was co-principal author of the American Academy of Pediatrics statement on the use of CAM in children.

Dr. Vohra's expertise in CAM has also been recognized locally, nationally, and internationally with invitations to sit on various committees and editorial boards. She is a member of the Executive Committee for the American Academy of Pediatrics' Section on Complementary and Integrative Medicine. Dr. Vohra is the program director for Canada's first fellowship program in pediatric integrative medicine and the founding director of the Canadian Pediatric CAM Network (PedCAM) (www.pedcam.ca).

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Dr. Derek Puddester, MD, FRCPC

(Physician's Health)

Dr. Puddester obtained his B.A., B. Med. Sc., and M.D. from Memorial University of Newfoundland, and then completed his Psychiatry residency at McMaster University. He completed a fellowship in child/adolescent psychiatry at the University of Ottawa, where he is currently an Assistant Professor in the Department of Psychiatry. Dr. Puddester is Director of the Behavioural Neurosciences and Consultation-Liaison team at the Children's Hospital of Eastern Ontario (CHEO), working primarily with children and youth affected by severe physical and mental disorders. He is also Co-Director of Education for the Department of Psychiatry at CHEO, and Director of the Faculty Wellness Program at the Faculty of Medicine, University of Ottawa. The Faculty Wellness Program provides preventative, educational, interventional, and rehabilitation services to medical students, residents, and staff physicians.



Gregory Hilderman

(Wealth Management)

Greg Hilderman has been a partner in G2 Financial Partners since 1989. A Certified Financial Planner, Chartered Life Underwriter and Chartered Financial Consultant, Greg has practiced comprehensive financial planning since 1981. He has been a specialist in retirement, tax and estate planning since 1987.

Greg is a founding member of the Conference for Advanced Life Underwriting (CALU) and is the past president of the local organization of the Canadian Association of Insurance and Financial Advisors. He has also served as a member of the Retirement Planning Steering committee in Ottawa.

Greg has been instrumental in reshaping how numerous physician groups are compensated, focusing on improving their current and future lifestyles. He has worked on formulating changes to provincial, federal and corporate pension plans to provide enhanced benefits to members. Some of the groups Greg has worked with include neo-natologists, radiologists, thoracic surgeons, neurologists and oncologists in Western Canada, Ontario, Quebec and New Brunswick.