

SPEAKER PROFILES

DIABETES / ENDOCRINOLOGY UPDATE 2009

CARIBBEAN: MARCH 15-22, 2009

Dr. Robert Josse

(Traditional Medicine)



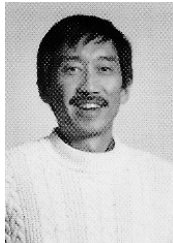
Dr. R. Josse graduated in Medicine with Honours from the University of London in 1970. He undertook Postgraduate Training at various Teaching Hospitals at the University of London and then came to Canada and completed his Endocrine Clinical Training, after which he did a Research Fellowship at the University of Toronto followed by a further Clinical Fellowship at the Massachusetts General Hospital in Boston. He holds Fellowships in Internal Medicine from the American College of Physicians, Royal College of Physicians of London and Internal Medicine and Endocrinology Fellowships from the Royal College of Physicians of Canada. He is also a fellow of the American College of Endocrinology.

He is a Professor of Medicine at the University of Toronto. His major research interests include calcium metabolism and osteoporosis as well as diabetes, hyperlipidemia and various nutritional metabolic problems. He has published over one hundred and fifty articles in peer reviewed journals and twenty-one book chapters. He lectures widely both nationally and internationally on various endocrine and metabolic topics.

He has just completed his term as Associate Physician-in-Chief at St. Michael's Hospital, where he was also the past Head of the Division of Endocrinology and Metabolism. He is a consultant to and past Chair of the Scientific Advisory Council of the Osteoporosis Society of Canada as well as being a member of the committee of scientific advisors of the International Osteoporosis Foundation (IOF). He is the director of the Toronto centre of CaMos (Canadian multicentre osteoporosis study). He is also the immediate past President of the Canadian Society of Endocrinology and Metabolism.

Dr. Gordon D. Ko

(Integrative Medicine)



MD, CCFP(EM), FRCPC, FABPMR, CIME, N.MD, FABPM, DABAARM

Dr. Ko is a medical graduate (8T2) from the University of Toronto, Canada. He completed additional residency training in Family practice, Emergency medicine and his current specialty of Physical Medicine & Rehabilitation (Physiatry). He is an active member of the American Association of Neuromuscular and Electrodiagnostic Medicine and previously with the Association for Applied Psychophysiology and Biofeedback and the Canadian Medical Acupuncture Society. Dr. Ko serves as executive director for the Canadian Association of Orthopaedic Medicine and as advisor / past president for the Chinese Canadian Medical Society. In addition, he is board certified in the American Board of Physical Medicine and Rehabilitation, the American Board of Independent Medical Examiners, the American Naturopathic Medical Association. In 2004, Dr. Ko completed additional subspecialty board certification in Pain Medicine and in 2007, diplomate certification with the American Academy of Anti-Aging and Regenerative Medicine.

Dr. Ko is currently the medical director for the Canadian Centre for Integrative Medicine Inc. in Markham, Ontario where family physicians and specialists in physiatry, rheumatology and anaesthesiology work alongside allied health professionals (physiotherapy, chiropractic, osteopathy, acupuncture, biofeedback, naturopathy), Dr. Ko's expertise includes the use of Quantitative Sensory testing with EMG-nerve conduction studies in assessing neuropathy and neuropathic pain. He enjoys teaching physicians in injections (homeopathic, prolotherapy, viscosupplementation, Botox) for pain and spasticity. At Sunnybrook Health Sciences Centre, Dr. Ko is the director of the Fibromyalgia Integrative Treatment clinic within the Department of Rehabilitation Medicine. Dr. Ko was also past director of the Burn Trauma Clinic at St. John's Rehabilitation Hospital where he pioneered the use of pregabalin and omega 3 fatty acids in burn patients. Dr. Ko is co-author of the book: *The All-in-One Guide to Natural Remedies and Supplements*. (AGES Publications. 2000). Dr. Ko continues to lecture, teach medical students / residents, author peer-reviewed articles and has academic appointments as Associate Professor, Rutherford University and Lecturer in the Division of Physiatry, Department of Medicine, University of Toronto.

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Dr. Jordan Cohen

(Physician's Health)

Dr. Jordan Cohen is the assistant Clinical Professor (Department of Psychiatry), Faculty of Medicine, at the University of Calgary where he is actively involved in teaching residents and Medical students in Psychiatry and Physician Health. He is also the Director of Student Affairs and Chair of the Well Physician Course at the University of Calgary.

He is a Child and Adolescent Psychiatrist with the following appointments:

- 1) 1) Medical Director of NW Family and Adolescent/Child Services
 - 2) Consultant Psychiatrist at the Young Adult Program (Foothills Hospital)
 - 3) Consulting Psychiatrist at the Arnika Centre (for individuals with developmental disabilities)

Other appointments:

- 1) Board member of the Physician Health Monitoring Program for the Alberta College of Physicians and Surgeons
- 2) Facilitator for the child and adolescent CME on-line journal club (Department of Psychiatry, Faculty of Medicine, University of Calgary)

Physician Health Research:

- 1) Interested in physician health for all levels of training.
- 2) Author of the Happy Doc study (a survey examining resident physician well being and resources). Pilot study published [BMC Medical Education 2005; 5:21].
- 3) Royal College outlook articles: (i) The Happy Doc study, (ii) Improving physician/nurse relationships = improving patient care
- 4) How to produce Happy Docs: Research and future directions in resident well being. Presented at the Royal College of Physician and Surgeons of Canada Annual Meeting, Ottawa, Canada, October 2004.
- 5) Presented Happy Doc research at the 2006 International Conference (Canadian Medical Association/American Medical Association) on Physician Health.

Awards:

- 1) Derek Puddester, Resident Well Being Award, from the Canadian Association of Interns and Residents (2006)
- 2) Canadian Psychiatric Association COPCE Award for Most Outstanding CME Activity (2006) – Online Journal Club
- 3) Gold Star teaching Award – Faculty of Medicine, University of Calgary
- 4) Laughlin Fellow from the American College of Psychiatrists (2004) [only awarded to one Canadian per year].



Gregory Hilderman

(Wealth Management)

Greg has been a partner in G2 Financial for the past 12 years and practicing comprehensive financial planning for the past 23. He is a Certified Financial Planner, Chartered Life Underwriter and Chartered Financial Consultant and has spent the past 15 years specializing in retirement, tax and estate planning. Greg has been instrumental in reshaping how numerous physician groups are compensated, with a focus on improving their current and future lifestyle. Some of the groups he has worked with include Neo-Natologists, Radiologists, Thoracic Surgeons, Neurologists and the Oncologists of Alberta and British Columbia.