

**Women's Health, Internal Medicine, Surgery &  
Pediatrics Update 2017  
May 7-19, 2017**

**Detailed Conference Agenda**

**Please Note:** Out of respect for your fellow delegates, please arrive at least 5 minutes prior to each session. The sessions will start on time.

**Sunday May 7, 2017**

***Southampton, UK***

**3:00 – 3:30** **Conference Registration**

**Monday May 8, 2017**

***Channel Island***

**Tuesday May 9, 2017**

***Cork, Ireland***

**8:00 – 9:00** **Welcome: Day 2** - Your hosts will outline the CME program for the conference along with a tablet and turning point technology demonstration.

**9:00 – 10:00** **Medical Leadership for Women's Health: Patient Safety Concepts, The Harvard Experience** - *Dr. Nicolas Leyland*  
Dr. Leyland will review the evolution of the patient safety and quality movement and for the participants to 'get' our role as physicians in assuring quality.

**Wednesday, May 10, 2017**

***Dublin, Ireland***

**7:45 – 8:00** **Welcome: Day 3** - Your hosts will outline the CME program for the morning.

**8:00 – 9:00** **The Evolution of Health Care: Forces of Change and the Physician Position** – *Dr. Barry Nathanson*  
During his first session, Dr. Nathanson will identify the forces driving the health care evolution. Delegates will understand the physicians' role and duty to support and guide the system evolution. He will also discuss the barriers to physician engagement and how the learning from our past will point the way to the future.

**9:00 – 10:00** **Physician Burnout: An Emerging Crisis**  
*Dr. Frederick Goldberg*  
Dr. Goldberg will discuss the three classic symptoms of physician burnout and help delegates understand the contributing factors to burnout. He will also review the available interventions to ameliorate burnout.

## **Thursday, May 11, 2017**

## **At Sea**

- 7:45 – 8:00** **Welcome: Day 4** - Your hosts will outline the CME program for the morning.
- 8:00 – 9:00** **Choosing Wisely, More is Not Necessarily Better – Dr. David Finkelstein**  
Dr. Finkelstein will review the Background Quality Issues that gave the Choosing Wisely Initiative its roots. Delegates will have an appreciate of the challenges of communicating the CW initiative to the various MD societies and appreciate the challenges and rewards of communicating and implementing a CW program in the Hospital and community settings.
- 9:00 – 10:00** **Test Your Contraception IQ: Be a Contraceptive Mythbuster!**  
*Dr. Nicholas Leyland*  
Dr. Leyland will separate fact from myth with respect to common beliefs about birth control and identify opportunities to change contraceptive practices, reduce failure, and improve satisfaction. He will also discuss how to reassure patients about the relative safety of contraception and help delegates understand the different forms of contraception and their indications at different phases of a woman's life.
- 10:00 – 11:00** **Sepsis: The #1 Killer of Hospitalized Patients - Dr. Frederick Goldberg**  
During this session, Dr. Goldberg will discuss the Third International Consensus Definitions for Sepsis and Septic Shock. He will also review the importance of early identification and treatment of septic patients and know the components of the qSOFA score and the implications of a positive qSOFA. Delegates will also understand the components of the 3 hour and 6 hour care bundles for sepsis.
- 11:00 – 12:00** **Leadership Part I: *The Mirror and the Lamp* What it Takes to be an Effective Leader in Today's Health Services Environment**  
*Dr. Barry Nathanson*  
Leaders, to be effective today, must have the courage to look first at themselves and to be effective leaders, you must have the foresight and vision. Dr. Nathanson will discuss the various kinds of leaders and throughout he session will help delegates appreciate the essence of leadership and the nature and qualities of some effective leaders.

## **Friday, May 12, 2017**

## **At Sea**

- 7:45 – 8:00** **Welcome: Day 5** - Your hosts will outline the CME program for the morning.
- 8:00 – 9:00** **Hospital Readmissions: Getting it Right the First Time**  
*Dr. Frederick Goldberg*  
Dr. Goldberg will discuss the reasoning behind U.S. federal penalties for excessive 30-day hospital readmissions and the medical risk factors for readmission. He will also review the principal diagnostic groups for which hospital readmission reductions penalties have been targeted and the difference between all-cause and potentially preventable readmissions.

**Friday May 12<sup>th</sup> continued...**

**9:00 – 10:00 Your College Peer Assessment: What You Need to Know**

*Dr. David Finkelstein*

Dr. Finkelstein will clarify the Peer Assessment Process, including the purpose, methods of assessment and possible outcomes. He will also illustrate common deficiencies/issues arising during a Peer Assessment and how to prepare yourself, your office and your notes for a Peer Assessment.

**10:00 – 11:00 Leadership Part II: *Leadership Pearls from Harvard and Beyond***

*Dr. Barry Nathanson*

During Part II, Dr. Nathanson will discuss some of the history of modern management and leadership thinking along with some of the science behind human motivation. He will also review some key Pearls on teams and team-building, conflict management and negotiation along with the essence of innovation and influence and dual-process thinking.

**11:00 – 12:00 Understanding Systems, (the impact of complexity on patient care) and Learning from Error - *Dr. Nicholas Leyland***

Dr. Leyland will review how systems thinking can improve health care and minimize patient adverse events. He will also explain what is meant by the terms “system” and “complex system” as they relate to health care and why a systems approach to patient safety is superior to the traditional approach. He will also review the nature of error and how health care can learn from error to improve patient safety.

**Saturday May 13, 2017**

***Akureyri, Iceland***

**4:15 – 4:30 Welcome: Day 6** - Your hosts will outline the CME program for the day.

**4:30 – 5:30 Methods of Quality Improvement - *Dr. Nicholas Leyland***

During this session, Dr. Leyland will discuss the basic principles of quality improvement along with the methods and tools for improving the quality of health care.

**5:30 – 6:30 Empathy: The Secret Sauce for Physicians and Patients**

*Dr. Frederick Goldberg*

Dr. Goldberg will review what empathy is and how it differs from sympathy and compassion. He will also discuss the four fundamental requirements for generating empathy and the language and techniques that promote empathic behaviours. Throughout the session he will review the far-reaching positive impact on the patient experience that empathy promotes and help delegates be familiar with the positive return that empathy brings to practitioners.

## **Sunday May 14, 2017**

## ***Reykjavik, Iceland***

- 7:45 – 8:00** **Welcome: Day 7** - Your hosts will outline the CME program for the day.
- 8:00 – 9:00** **Cool or Just Not Hot? Using Temperature Control to Improve Outcomes Post Arrest** - *Dr. Barry Nathanson*  
Dr. Nathanson will discuss the ancient history and modern history of using the protective benefits of cool temperatures with examples used in the 'HACA' and 'Bernard' trials along with the ongoing debates in the field.
- 9:00 – 10:00** **HPV in Head and Neck Cancer: The Emerging Clinical Picture**  
*Dr. David Finkelstein*  
During this session, delegates will have an appreciation of the changing nature in the Etiology and Treatment of HPV related Head and Neck Cancers, particularly Oropharynx. Dr. Finkelstein will discuss the association of HPV / Head and Neck Cancers and Sexual behavior and the treatment(s) available and the post treatment challenges seen clinically. He will also review the emerging role of vaccines in the possible mitigation of the burden of Head and Neck HPV cancers.

## **Monday May 15, 2017**

## ***Reykjavik, Iceland***

- 2:45 – 3:00** **Welcome: Day 8** - Your hosts will outline the CME program for the day.
- 3:00 – 4:00** **Upper Airway Obstruction: A 'Don't Panic' Primer for Otolaryngologists**  
*Dr. David Finkelstein*  
Dr. Finkelstein will discuss the Anatomy of the Upper Airway, and the common sites of obstruction. He will also review the common and rare causes of UAO and how to develop a triage plan when faced with UAO and what can and cannot, or shouldn't be done before definitive care is available.
- 4:00 – 5:00** **Hospital Acquired Infections and Medication Errors: Unacceptable Dangers** - *Dr. Frederick Goldberg*  
Dr. Goldberg will discuss where medical error ranks as a cause of mortality and the underlying conditions that allow for medical errors. He will also review the components of a safety culture and the various types of hospital acquired infections. Delegates will become aware of the care bundles to reduce hospital acquired infections.
- 5:00 – 6:00** **'MAiD in Ontario': Update on Medical Assistance in Dying**  
*Dr. Barry Nathanson*  
During this session, Dr. Nathanson will give an overview of the evolution of the Right to Die movement and the current legislation on MAiD. He will also discuss the process of applying for MAiD and the peripheral issues surrounding MAiD and the current Ontario statistics on MAiD.

**Tuesday May 16, 2017**

***At Sea***

- 7:45 – 8:00 Welcome: Day 9** - Your hosts will outline the CME program for the day.
- 8:00 – 9:00 The Modern Management of Endometriosis** - *Dr. Nicolas Leyland*  
 During this session, Dr. Leyland will provide a stepwise approach to managing pelvic pain associated with endometriosis with a view to life long management.
- 9:00 – 10:00 'Out, out damn spot!' Should we Feel Guilty About Diagnostic Error Rates?** - *Dr. Barry Nathanson*  
 Dr. Nathanson will review the evidence in support of high rates of diagnostic error and the key factors behind the (purported) high rates of diagnostic error. He will also discuss the various kinds of cognitive biases and education strategies to reduce diagnostic error.
- 10:00 – 11:00 Communication and Teamwork: A New Paradigm for Healthcare**  
*Dr. Frederick Goldberg*  
 Delegates will understand during this session the increasing risk to patients stemming from communication failures and lack of teamwork. Dr. Goldberg will review how teamwork depends on building collective trust and what a shared mental model is along with the concept of Psychological Safety. He will review some of the following tools: SBAR, brief, huddle, debrief, checkback, STEP, CUS, Two Challenge Rule.
- 11:00 – 12:00 Thyroidectomy Through the Ages: A Lens to Examine the History of Surgery** - *Dr. David Finkelstein*  
 Dr. Finkelstein will review the evolution of the surgical management of Thyroid Disease and the role of individuals Surgical Giants (Kocher, Bilroth, Lahey) in the management of Thyroid Disease. He will also discuss how Thyroid surgery has changed with the times and the rold of surgery in malignant and benign Thyroid disease.

**Wednesday May 17, 2017**

***Belfast, Ireland***

- 7:45 – 8:00 Welcome: Day 10** - Your hosts will outline the CME program for the day.
- 8:00 – 9:00 Hot Topics in Pediatrics** - *Dr. Frederick Goldberg*  
 Dr. Goldberg will review the current guidelines for the introduction of peanut and egg allergens in infant diets. He will also discuss the risks of e-cigarettes in adolescents and how to counter vaccine hesitancy and the guidelines for television and digital media use in children and adolescents.
- 9:00 – 10:00 Pinch, Point, Pack: An Update on Epistaxis** - *Dr. David Finkelstein*  
 Dr. Finkelstein will review the Anatomy of the Nose and Paranasal sinuses and the local and systemic causes of Epistaxis. He will also discuss what to do when it happens to you or your patients and the burden of the treatment of Epistaxis on health care systems.

**Wednesday May 17<sup>th</sup> Continued...**

**11:00 – 1:00 Global Medicine: Health Care in Ireland**

This lecture will give a snapshot of the most important public health system issues in Ireland and review current health advice to travelers in Europe – specifically Ireland. There will also be a discussion on the issues of patients with Internal Medicine, Surgical, Pediatrics and Women’s Health issues the region.

**Please note: This is a lecture by a local presenter from Belfast onboard the Celebrity Eclipse**

**Thursday May 18, 2017**

**At Sea**

**7:45 – 8:00 Welcome: Day 14** - Your hosts will outline the CME program for the day.

**8:00 – 9:00 Patient Safety and Invasive Procedures - Dr. Nicholas Leyland**

During this session, Dr. Leyland will review the main causes of adverse events in surgical care and how these can be reduced by applying verification processes to ensure the correct patient receives the right procedure at the right time and place. He will also discuss the ways in which patients and providers can be involved as partners in health care both in preventing harm and learning and healing from an adverse event.

**9:00 – 10:00 Mayday! Mayday! Identifying, Understanding and Managing the Crashign Patient - Dr. Barry Nathanson**

Dr. Nathanson will review how hospitalists are still not trained adequately in managing the crashing patient and it is not all about intubation. He will discuss the peri-intubation: preparing for intubation and r the post-intubation state is vital

**10:00 – 11:00 Adenotonsillar Disease: Watching the Pendulum Swing**

*Dr. David Finkelstein*

Dr. Finkelstein will review the history of Adenotonsilar disease through the ages and how the medical and surgical treatments available, and how both have evolved through the years. He will discuss how the pendulum has swung back and forth between aggressive and gentle surgical management and how the indications for surgical intervention have dramatically changed over the last 25 years.

**11:00 – 12:00 The Presentation and Modern Management of Uterine Fibroids**

*Dr. Nicolas Leyland*

Dr. Leyland will discuss the newest Canadian CPG for Fibroids and the impact of uterine fibroids on women’s health and their quality of life. He will review the evidence based management and alternatives to invasive surgery.