

SPEAKER PROFILES

DIABETES & OBESITY UPDATE 2012

MEDITERRANEAN: SEPTEMBER 8-20, 2012



Robert Dent, MD, FRCP(C)

Robert Dent is a specialist in Internal Medicine with academic appointments in Endocrinology and Surgery at the University of Ottawa.

In 1992 he established the Weight Management Clinic at the Ottawa Hospital and the University of Ottawa. This is a multidisciplinary clinic designed with these objectives: patient care, teaching health care professionals and research in the genotype phenotype associations of obesity. This clinic design has been adopted in several Canadian university centres.

With respect to research he has 35 publications in peer reviewed journals in the last 7 years. These publications deal with the design and out comes of the clinic; and on the genetics of obesity. Since 2011 he and Dr Ruth McPherson hold a CIHR Genetics grant entitled Metabolic and Genetic determinants of Obesity and Obesity-related Phenotypes

During the years 2005 to 2007, He was a member of the Expert Committee for the Canadian Clinical Practice Guidelines on the Management and Prevention of Obesity and contributed two chapters to that work which were published in the Canadian Medical Association Journal in 2007.

Other memberships include: The Canadian Obesity Network (founding Membership), Bariatric Surgery Panel to develop the Health Technology Utilization Guidelines of Ontario, November 2005, Chairman for the working group on obesity for the Champlain Primary Care CVD Prevention Guidelines both in September 2006, and for the 2012 edition and Board member of The Ontario Bariatric Network, and Canadian Association of Bariatric Physicians and Surgeons.

Since 2009, he has worked with the Ministry of Health of Ontario as Chairman, The Ontario Bariatric Network Patient Assessment Working Group. The objectives of this committee were to develop criteria to identify appropriate candidates for bariatric surgery including those outside the usual BMI and age ranges; to develop a structured assessment process to allow fair and equitable access to obese patients requiring bariatric surgery.

His primary interests include, Obesity treatment, psychosocial aspects of obesity, patient advocacy, and the genotype-phenotype associations of obesity.

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David C. W. Lau, MD, PhD, FRCPC

Dr. David Lau is Professor of Medicine, Biochemistry and Molecular Biology, and Cardiac Sciences at the University of Calgary. He is currently the Editor-in-Chief of the Canadian Journal of Diabetes, President of Obesity Canada, and Vice-President of the Canadian Association of Bariatric Physicians and Surgeons. Dr. Lau is a practicing endocrinologist who specializes in diabetes, obesity and lipid disorders. His research interests include fat cell biology in health and obesity, development of insulin resistance in obesity and diabetes, and cellular mechanisms of diabetic vascular complications. He is also involved in population health and clinical research programs in diabetes, obesity and lipid disorders. Dr. Lau has published over 100 scientific papers in peer-reviewed medical journals, periodicals and books.

Dr. Lau was Chair of the evidence-based Obesity Canada Clinical Practice Guidelines (CPG) Steering Committee and Expert Panel, and lead author of the 2007 CPG publication in the Can. Med. Assoc. Journal. Dr. Lau was a member of the 1998, 2003 and 2008 Canadian Diabetes Association Clinical Practice Guidelines Expert Panel, as well as the expert panel of the 2009 Canadian Cardiovascular Society Guidelines for the diagnosis and treatment of dyslipidemia and prevention of cardiovascular disease in the adult. Dr. Lau is a member of the expert panel committee on the 2013 CDA CPG as well as the 2012 Canadian dyslipidemia CPD update.

In 2004, Dr. Lau was honored as the top 20 notable Calgarians, and top 50 Albertans for his exemplary contributions to improve the health of Albertans.



Derek Puddester, BA BMedSc MD MEd FRCPC

Physician's Health

Dr. Derek Puddester is an Associate Professor at uOttawa's Faculty of Medicine where he also is the Director of the Faculty Wellness Program. The program provides support, advocacy, research, and educational services to medical students, residents, and practicing physicians. Dr. Puddester is also a Child/Adolescent Psychiatrist at the Children's Hospital of Eastern Ontario where he co-leads the Behavioural Neurosciences and Consultation-Liaison Team. He completed his undergraduate training at Memorial University of Newfoundland, residency at McMaster, and fellowship at uOttawa. In 2008, he completed an MEd in Teaching/Learning at uOttawa with his research focused on physician health education. Dr. Puddester has developed several national and international curricular resources on physician health including www.ephysicianhealth.ca, eworkplacehealth.ca, the Royal College of Physician and Surgeon's Physician Health Guide, and the Canadian Medical Association's undergraduate curriculum in physician health.