



## **Obesity Update 2011**

**Baltic – August 2-14, 2011**

### **By participating in these sessions, delegates will be able to:**

- Enumerate the incidence, prevalence and health consequences of obesity
  - Discuss the pathophysiology of obesity from the points of view of energy balance; neurochemical and hormonal issues; psychosocial issues, and lifestyle issues
  - Discuss the health consequences of obesity and the barriers to its treatment
  - Examine and appropriately investigate the obese patient
  - Manage the medical therapy, weight loss, and surgical therapy issues of their obese patients
  - Debate the place of natural medicines and therapies in the management of their obese patients
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- Our CME/CPD programs appeal to generalist physicians and to subspecialists with interest in the topic areas.
  - Our programs are presented with attention to adult learning and knowledge translation paradigms