



## Pain Management Update 2012

### Learning Objectives

#### Traditional Medicine:

- To develop a practical, office-based approach to the biopsychosocial assessment, diagnosis, and management of patients with chronic non-cancer pain
- To understand the role of and a rational approach to the pharmacotherapy of pain
- To discuss a strategy for the safe prescribing of opioid analgesics according to published guidelines

#### Integrative Medicine:

- To understand the important role of self-management strategies and other non-pharmacological approaches to pain management

#### Practice Management:

- To discuss how communication skills can improve the quality, efficiency and safety of your practice

#### Physician Health:

- To consider the implications of drug use and addiction to a physician's health and wellbeing