

## SPEAKER PROFILES

### PAIN MANAGEMENT UPDATE 2012

EASTERN CARIBBEAN: MARCH 11-18, 2012



#### **Roman D. Jovey, M.D.**

Dr. Jovey, a graduate of the University of Toronto, is a general practitioner for 30 years, with a practice focused on outpatient chronic pain management and addiction medicine in Mississauga, Ontario, Canada. He is the Physician Director of the Credit Valley Hospital, Addictions and Concurrent Disorders Centre and Medical Director at CPM Centres for Pain Management, an outpatient chronic pain management organization. Over the past 20 years, Dr. Jovey has developed an increasing interest and expertise in the management of chronic pain using pharmacotherapy. Over the past 15 years, he has presented internationally to over 10,000 health care professionals. He is a past President of the Canadian Pain Society.



#### **Andrea J. Kuzmiski HBSc, ND**

#### ***Integrative Medicine***

Andrea J. Kuzmiski is a successful graduate of the Canadian College of Naturopathic Medicine. She is a member of the **Canadian Association of Naturopathic Medicine (CAND)** and is registered with the **Board of Directors of Drugless Therapy – Naturopathy (BDDT-N)**. Andrea holds an Honours Bachelor of Science degree from the University of Waterloo, and has extensive experience in the field of naturopathic endocrinology and holistic weight management. She holds additional certifications in parenteral therapy, cosmetic acupuncture and WTS (Wilson's Temperature Syndrome) therapy.

While she enjoys all aspects of naturopathic medicine, Andrea has a special interest in hormone imbalances, metabolic syndrome, weight loss and digestive disorders. Her goal is to provide her patients with the guidance and knowledge that is essential for achieving optimal health and wellness. Andrea has adopted an integrative approach to naturopathic medicine and is committed to working with primary health care physicians to provide complementary care and prescription drug management.

Andrea's passion for promoting health and wellness has made her a sought after spokeswoman in both the public and corporate environment. As a dynamic speaker, Andrea's media reel includes guest appearances on CIUT 89.5 FM Take 5 morning show, a monthly health column in SportsXpress magazine, health and wellness related articles for VIVA magazine and bimonthly patient lectures for the Wharton Medical Clinic. Andrea has shared her naturopathic expertise with numerous corporations and is the in-house naturopathic doctor for Boston Pizza International (Ontario division). Most recently, Andrea was honoured with the award for Burlington's Best Naturopathic Doctor.



#### **Dr. Derek Puddester, BA BMedSc MD MEd FRCPC**

#### ***Physician's Health***

Dr. Derek Puddester is an Associate Professor at uOttawa's Faculty of Medicine where he also is the Director of the Faculty Wellness Program. The program provides support, advocacy, research, and educational services to medical students, residents, and practicing physicians. Dr. Puddester is also a Child/Adolescent Psychiatrist at the Children's Hospital of Eastern Ontario where he co-leads the Behavioural Neurosciences and Consultation-Liaison Team. He completed his undergraduate training at Memorial University of Newfoundland, residency at McMaster, and fellowship at uOttawa. In 2008, he completed an MEd in Teaching/Learning at uOttawa with his research focused on physician health education. Dr. Puddester has developed several national and international curricular resources on physician health including [www.ephysicianhealth.ca](http://www.ephysicianhealth.ca), [eworkplacehealth.ca](http://eworkplacehealth.ca), the Royal College of Physician and Surgeon's Physician Health Guide, and the Canadian Medical Association's undergraduate curriculum in physician health.

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**Bart Mindszenty & Gail Harcourt**

***(Practice Management)***

Bart and Gail offer insight from more than 50 collective years in communications. Since founding their firm—The Mindszenty & Roberts Corporation in 1990, they have provided counsel and support across Canada to more than 200 organizations in all sectors. Having worked on some of the highest profile issues and crises of the past decade, they've developed and deliver leadership workshops for professionals that effectively strengthen relationships. Gail and Bart will focus on professionalism and the competencies beyond diagnosing and treating that contribute to patient outcomes, particularly in a team environment.