

SPEAKER PROFILES

CHRONIC DISEASES MANAGEMENT UPDATE 2011

ALASKA: AUGUST 21-28, 2011



Dr. Denis Chauret, FRCPC

Traditional Medicine

Dr. Denis Chauret completed his medical training and residency in Internal Medicine at the University of Montreal. Since 1998, Dr. Chauret has practiced as an Internist at the Montfort Hospital, Department of Medicine. In 2001, he was named Assistant Professor of Medicine at the University of Ottawa and promoted Associate Professor in 2009. Dr. Chauret is the Medical Director of the Montfort Diabetes Clinic, the Program Director of the Internal Medicine Francophone Residency Program at the Montfort Hospital and the Director of the Mini-School of Medicine at the University of Ottawa. He is a member of the Canadian Diabetes Association and the Canadian Society of Internal Medicine. Over the last 5 years, he had presented more than 400 CME programs nationally and internationally. He is the winner of the Canadian Association of Medical Education certificate of merit 2009 and a new Fellow of the American College of Physicians.



Dr. Andrea J. Kuzmiski HBSc, ND

Integrative Medicine

Andrea J. Kuzmiski is a successful graduate of the Canadian College of Naturopathic Medicine. She is a member of the **Canadian Association of Naturopathic Medicine (CAND)** and is registered with the **Board of Directors of Drugless Therapy – Naturopathy (BDDT-N)**. Andrea holds an Honours Bachelor of Science degree from the University of Waterloo, and has extensive experience in the field of naturopathic endocrinology and holistic weight management. She holds additional certifications in parenteral therapy, cosmetic acupuncture and WTS (Wilson's Temperature Syndrome) therapy.

While she enjoys all aspects of naturopathic medicine, Andrea has a special interest in hormone imbalances, metabolic syndrome, weight loss and digestive disorders. Her goal is to provide her patients with the guidance and knowledge that is essential for achieving optimal health and wellness. Andrea has adopted an integrative approach to naturopathic medicine and is committed to working with primary health care physicians to provide complementary care and prescription drug management.

Andrea's passion for promoting health and wellness has made her a sought after spokeswoman in both the public and corporate environment. As a dynamic speaker, Andrea's media reel includes guest appearances on CIUT 89.5 FM Take 5 morning show, a monthly health column in SportsXpress magazine, health and wellness related articles for VIVA magazine and bimonthly patient lectures for the Wharton Medical Clinic. Andrea has shared her naturopathic expertise with numerous corporations and is the in-house naturopathic doctor for Boston Pizza International (Ontario division). Most recently, Andrea was honoured with the award for Burlington's Best Naturopathic Doctor.



Dr. Derek Puddester, BA BMedSc MD MEd FRCPC

Physician's Health

Dr. Derek Puddester is an Associate Professor at uOttawa's Faculty of Medicine where he also is the Director of the Faculty Wellness Program. The program provides support, advocacy, research, and educational services to medical students, residents, and practicing physicians. Dr. Puddester is also a Child/Adolescent Psychiatrist at the Children's Hospital of Eastern Ontario where he co-leads the Behavioural Neurosciences and Consultation-Liaison Team. He completed his undergraduate training at Memorial University of Newfoundland, residency at McMaster, and fellowship at uOttawa. In 2008, he completed an MEd in Teaching/Learning at uOttawa with his research focused on physician health education. Dr. Puddester has developed several national and international curricular resources on physician health including www.ephysicianhealth.ca, eworkplacehealth.ca, the Royal College of Physician and Surgeon's Physician Health Guide, and the Canadian Medical Association's undergraduate curriculum in physician health.

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Dr. Benjamin Burko, MD

Practice Management

Dr. Burko is a Pediatrician at Montreal Children's Hospital and an Assistant Professor of Medicine at the McGill University Health Centre. He is also Pediatric Medical Director, and President of Tiny Tots Medical Centre, the largest privately held pediatric ambulatory care facility in Canada. His responsibilities include Practice Manager for 38 physicians and therapists and overseeing the e-business strategy for the center which has over 100,000 patient visits per year. He is nationally recognized for his work in practice management.



Gregory Hilderman CFP, CLU, ChFC

Wealth Management

Greg Hilderman has been a partner in G2 Financial Partners since 1989. A Certified Financial Planner, Chartered Life Underwriter and Chartered Financial Consultant, Greg has practiced comprehensive financial planning since 1981. He has been a specialist in retirement, tax and estate planning since 1987.

Greg is a founding member of the Conference for Advanced Life Underwriting (CALU) and is the past president of the local organization of the Canadian Association of Insurance and Financial Advisors. He has also served as a member of the Retirement Planning Steering committee in Ottawa.

Greg has been instrumental in reshaping how numerous physician groups are compensated, focusing on improving their current and future lifestyles. He has worked on formulating changes to provincial, federal and corporate pension plans to provide enhanced benefits to members. Some of the groups Greg has worked with include neo-natologists, radiologists, thoracic surgeons, neurologists and oncologists in Western Canada, Ontario, Quebec and New Brunswick.