

Diabetes Update 2015

Mediterranean: September 7-19, 2015

Celebrity Cruises: Celebrity Equinox

Up to 36 CME Hours

"Education is not filling a pail, but the lighting of a fire." W.B. Yates

CMEatSEA's unique educational model includes:

- knowledge and practice updates: emphasis on the last 3 years
- assessment of delegates' knowledge and performance gaps
- interactive learning featuring "Turning Point" technology, case-based workshops, and Journal Clubs
- ongoing dialogue with distinguished presenters inside and outside the classroom
- destination specific local content
- topic relevant, evidence based Natural Medicine: exploring the implications for patient care
- Practice Management
- Physician Health
- Global Medicine: Geographic, Political and Cultural Medicine

Updated Topics in Diabetes include:

- the Canadian Diabetes Association Guidelines and implications for clinical care
- clinical interactions among diabetes, obesity and cardiovascular disease
- the screening and prevention of diabetes
- the treatment of type 2 diabetes: the newer oral agents, insulin initiation and intensification and potential new treatments
- diabetes and pregnancy
- issues that influence knowledge to practice in diabetes care

Updated Topics in Obesity include:

- epidemiology and social costs of obesity
- pathophysiology of obesity
- assessment and treatment guidelines in obesity
- office assessment and management of obesity
- lifestyle issues in the development and management of obesity
- agents for the treatment of obesity
- bariatric surgery and obesity

Updated Topics in Cardiovascular Disease include:

- diabetes and its micro and macro vascular complications
- guidelines use in the assessment and management of CV disease
- office diagnosis and management of CV disease including post MI care
- lipids and cardiovascular disease
- atrial fibrillation including management with novel anticoagulants
- valvular heart disease
- hypertension
- cardiomyopathy
- management of heart failure
- individualized patient care in CV disease including risk reduction strategies

Updated topics in Practice Management include:

- communication among physicians in the treatment of chronic diseases
- team care in managing patients with chronic diseases including diabetes
- EMR and the office management of diabetes

Updated Topics in Natural Medicine include:

- Conscious (Mind-Body) Medicine
- patients and their use of natural medicines and therapies in diabetes
- relevant to topic evidence based natural medicines and therapies
- natural medicine/drug interactions and toxicities
- concerning the integration of Natural Medicine and clinical practice

Updated Physician Health topics include:

- trends in the management of physician health
- taking care of ourselves and others
- boundary issues
- just say no: managing expectations

Global Medicine Lecture: Istanbul

The Global Medicine Learning Objectives are:

- to be introduced to the health systems of Turkey
- to appreciate the special challenges in health care delivery in Turkey with reference to the conference topics
- to appreciate the influence of cultural background on the presentation and management of physical illness with reference to Turkish ethnic groups
- to be introduced to the contributions of Islamic Medicine to the modern western medical tradition
- to develop a more global perspective on health issues relevant to the conference subject areas, patient health practices, health policy and administration



You are invited to join our unique learning community as we travel and explore.

You should attend if you are a family physician, a general internist or a specialist/subspecialist with an interest in the topic areas.

We look forward to welcoming you!

Paul Martin-Smith, MD, FRCPC
Chair, Medical Advisory Board
CMEatSEA