



Diabetes, Obesity and Cardiovascular Update 2014
Europe: Amsterdam to Istanbul
September 6 to September 20, 2014
Celebrity Cruises - Celebrity Constellation
Up to 42 CME hours

"Education is not filling a pail, but the lighting of a fire." W.B. Yates

CMEatSEA's unique educational model includes:

- assessment of delegates' knowledge and performance gaps
- interactive learning featuring "Turning Point" technology, case-based workshops, and Journal Clubs
- ongoing dialogue with distinguished presenters; inside and outside the classroom
- destination specific local content
- topic relevant, evidence based Natural Medicine: exploring implications for patient care
- Practice Management
- Physician health
- an integrated Partner Program

You are invited to join our unique learning community as we travel and explore! You should attend if you are a family physician, a general internist or a specialist/subspecialist with an interest in the topic areas.

Topics in Diabetes:

- the Canadian Diabetes Association Guidelines and implications for clinical care
- clinical interactions among diabetes, obesity and cardiovascular disease
- the treatment of type 2 diabetes: the newer oral agents, insulin initiation and intensification and potential new treatments
- the screening, prevention and treatment of diabetes and its micro and macro vascular complications
- diabetes and pregnancy
- patients and their use of natural medicines and therapies
- issues that influence knowledge to practice in diabetes care

Topics in Obesity:

- epidemiology and social costs of obesity
- pathophysiology of obesity
- assessment and treatment guidelines in obesity
- office assessment and management of obesity
- lifestyle issues in the development and management of obesity
- agents for the treatment of obesity
- bariatric surgery and obesity

Topics in Cardiovascular Disease:

- guidelines use in the assessment and management of CV disease
- office diagnosis and management of CV disease including post MI care
- lipids and cardiovascular disease
- atrial fibrillation including management with novel anticoagulants
- valvular heart disease
- hypertension
- cardiomyopathy
- management of heart failure
- individualized patient care in CV disease including risk reduction strategies
- communication among physicians in the treatment of CV disease

Practice Management Topics:

- Team Care in chronic disease management
- Meeting "Dr. Google": managing your patients' questions and expectations
- Advocating for your patients

Physician health Topics:

- Trends in the management of physician health
- Taking care of ourselves and others
- Boundary issues
- Just say no: managing expectations

Natural Medicine Topics:

- Relevant to topic evidence based natural medicines and therapies
- natural medicines/drug interactions and toxicities
- Concerning the integration of Natural Medicine and clinical practice...

Global Medicine:

- Health Care systems outside Canada
- Diabetes, Obesity and Cardiovascular Medicine in other countries
- Cultural issues impacting medical care