



## Cruise Connections CME

### Cardio-Pulmonary Update 2015

Thailand and Vietnam; November 18 - December 2, 2015

Azamara Club Cruises: Azamara Quest

Up to 32 CME hours

"Education is not filling a pail, but the lighting of a fire." W.B. Yates

### **Cruise Connections CME's unique educational model includes:**

- information that is practice ready and relevant
- knowledge and practice updates
- assessment of knowledge and performance gaps
- interactive learning featuring "Turning Point" technology, case-based workshops, and Journal Clubs
- ongoing dialogue with distinguished presenters inside and outside the classroom
- destination-specific local content
- topic relevant, evidence based Natural Medicine
- Practice Management
- Physician Health
- Global Medicine: Geographic, Political and Cultural Medicine



**For this program, our Cardiology topics include:**

- cardiovascular disease and prevention in patients with diabetes
- screening for short-term and long-term risks
- resistant hypertension
- statin intolerance
- atrial fibrillation and the new oral anticoagulants
- office management of recent MI
- cardiac conduction abnormalities
- heart failure
- aortic stenosis: assessment, intervention and catheter delivered valves
- syncope

**Our Respiriology topics include:**

- COPD
- venous thromboembolism
- novel anticoagulants
- pulmonary hypertension
- diffuse lung diseases
- sleep medicine
- hypoventilation syndromes
- Respiriology imaging



### **Our Obesity topics include:**

- epidemiology
- social costs of obesity
- pathophysiology of obesity
- assessment and treatment guidelines in obesity
- lifestyle issues in the development and management of obesity
- agents for the treatment of obesity
- bariatric surgery and obesity

### **Our Neurology topics include:**

- TIA
- Stroke
- Migraine/Headaches
- Parkinson's and its imitators
- Depression/Dementia
- Epilepsy
- Case-based review with MRI



### **Our Natural Medicine topics include:**

- natural medicine and therapies relevant to our topics and travel
- our patients and their use of natural medicines and therapies
- natural medicine/drug interactions and toxicities
- the integration of Natural Medicine and clinical practice?

### **Our Practice Management topics include:**

- multidisciplinary team medicine and leadership issues in the management of chronic diseases
- patient monitoring in the management of chronic diseases
- health information management in the treatment of patients with chronic diseases
- management of the patient with multiple chronic diseases



## **Our Global Medicine Learning Objectives are:**

- to be introduced to the healthcare systems of Singapore, Thailand, Viet Nam and Hong Kong
- to appreciate the special challenges in health care delivery in those countries and regions with reference to the conference topics
- to appreciate the influence of cultural background on the presentation and management of physical illness
- to learn how traditional medicine systems are integrated into modern health care delivery
- to develop a more global perspective on healthcare issues relevant to patient health practices, health policy and administration

You are invited to join our unique learning community as we travel and explore.

You should attend if you are a family physician, a general internist or a specialist/subspecialist with an interest in the topic areas.

We look forward to welcoming you!

Paul Martin-Smith, MD, FRCPC  
Chair, Medical Advisory Board  
Cruise Connections CME