



Cruise Connections CME

Cardiology & Travel Medicine Update 2015

Tahiti: March 15 - 25, 2015

Oceania Cruises - Oceania Marina

Up to 32 Accredited (CFPC) CME Hours

"Education is not filling a pail, but the lighting of a fire." W.B. Yates

Cruise Connections CME's unique educational model includes:

- knowledge and practice updates: emphasis on the last 3 years
- assessment of delegates' knowledge and performance gaps
- interactive learning featuring "Turning Point" technology, case-based workshops, and Journal Clubs
- ongoing dialogue with distinguished presenters inside and outside the classroom
- destination specific local content
- topic relevant, evidence based Natural Medicine: exploring the implications for patient care
- Practice Management
- Physician Health
- Global Medicine: Geographic, Political and Cultural Medicine



Updated Topics in Cardiovascular Medicine:

- cardiovascular disease and prevention in patients with diabetes
- high risk for cardiovascular events: screening for short-term and long-term risks
- resistant hypertension
- statin intolerance
- atrial fibrillation and the new oral anticoagulants
- office management of recent MI
- cardiac conduction abnormalities
- heart failure
- aortic stenosis: assessment, intervention and catheter delivered valves
- syncope
- restricting a patient from driving (Medial Legal presentation with Mr. Michael Fraleigh)

Updated Topics in Travel Medicine and Infectious Diseases:

- low risk vs. high risk travelers
- appropriate referral to the travel clinic
- risks to travelers and risk mitigation strategies
- diarrheal illness in travelers
- skin rashes in tropical travelers
- Lyme Disease: acute management and the chronic disease conundrum
- Chikungunya Virus update
- Ebola Virus update



Updated Topics in Medical Legal Medicine:

- fifteen important ways to protect yourself in practice
- legal duties and responsibilities involved in the care and treatment of patients
- the role of expert in civil or regulatory proceedings
- the role of expert witness
- how to effectively write a medical legal report
- being an effective witness
- strategies to avoid disruptive behaviour
- understand what is necessary for a plaintiff to prove to be successful in a lawsuit against a physician
- regulatory complaints and discipline process
- your lawyer and the CMPA

Updated Topics in Practice Management:

- doctors and government: contracts; payments for services
- fee schedules for insured services
- the Ontario experience
- contracts negotiation with government
- solo vs. group practice(s) and government
- chronic pain management as chronic disease management

Updated Topics in Integrative Medicine

- mindfulness-based stress reduction (MBSR)
- concepts of neuroplasticity
- the benefits and role of heart rate variability (HRV) and breathing biofeedback tools in managing stress and hypertension



Global Medicine:

Health Care in French Polynesia

- the social, political and economic determinants of health and health care delivery in French Polynesia
- local considerations in managing the care of patients with chronic medical conditions in French Polynesia.
- traditional Polynesian therapies for acute and chronic symptoms of shortness of breath, chest pain, edema
- the interface between traditional medical therapy and modern medicine in patient care in French Polynesia

You are invited to join our unique learning community as we travel and explore.

You should attend if you are a family physician, a general internist or a specialist/subspecialist with an interest in the topic areas.

We look forward to welcoming you!

Paul Martin-Smith, MD, FRCPC
Chair, Medical Advisory Board
Cruise Connections CME