



Pediatrics Update 2017 July 31 – August 10, 2017

Detailed Conference Agenda

Please Note: Out of respect for your fellow delegates, please arrive at least 5 minutes prior to each session. The sessions will start on time.

Monday July 31, 2017

Barcelona, Spain

3:00 – 3:30 **Conference Registration**

Tuesday August 1, 2017

Valencia Spain

Morning

8:00 – 10:00 **Global Medicine: Pediatrics in Spain – Dr. Antonio Nieto Garcia**

This lecture will give a snapshot of the most important public health system issues in Spain relating to Pediatrics. Dr. Garcia will review allergic asthma and its immuno-modulatory effect and why and how allergy determines the severity of asthma in children.

Please note: This is a lecture by a local presenter from Valencia Spain

Wednesday August 2, 2017

Valencia Spain

Evening

5:00 – 6:00 **Welcome: Day 2** - Your hosts will outline the CME program for the conference along with a tablet and turning point technology demonstration.

6:00 – 7:00 **Update on Infant Immunization - Dr. Steven Moss**
Vaccination schedules can be confusing and administration can be time-consuming. During this session, Dr. Moss will give updates and practice-tips that can improve your patient care.

Thursday, August 3, 2017

At Sea

Morning

7:45 – 8:00 **Welcome: Day 3** - Your hosts will outline the CME program for the morning.

8:00 – 9:00 **Integrative Medicine for Children's Mental Health: The Scope of the Problem – Dr. John Gannage**
During his first session, Dr. Gannage will discuss how 70% of mental health problems have their onset during childhood and adolescence and the rising incidence of autism and related disorders of neurodevelopment will, when left unchecked, have a massive burden on society going forward. He will review the role of holistic approaches, nutrition and intervention that addresses environment exposures.



Thursday August 3rd Continued...

9:00 – 10:00 Update on Adolescent and Adult Immunization - Dr. Steven Moss
This session will allow delegates to update and consolidate their practice knowledge for adolescent and adult immunization.

10:00 – 11:00 Time Management Part I: How to Run an Efficient Practice
Dr. Benjamin Burko
Dr. Burko will describe the benefits of running an efficient office and how to calculate the dollar value of efficiency. He will help delegates identify their own personal practice goals (more time or more money – or both!!) and create a goal orientated work schedule. Throughout the session he will discuss how to create a goal supportive work environment.

11:00 – 12:00 Integrative Medicine for Children’s Mental Health: Integrative Medicine Overview - Dr. John Gannage
Dr. Gannage will help delegates conceptualize Integrative Medicine as a key component of modern medical care and understand the importance of a holistic viewpoint when managing chronic conditions. He will also discuss that underlying processes, such as inflammation and oxidative stress are at the core of patients presenting with mental illness and exacerbations.

12:00 – 1:30 Lunch

Afternoon

1:30 – 2:30 Basic Life Support - Dr. Steven Moss
Physicians are supposed to be updated semi-annually on BLS. This session will be an opportunity to practice your timing and rhythm of CPR.

2:30–3:30 Integrative Medicine for Children’s Mental Health: Gut-Microbiome-Brain Axis - Dr. John Gannage
The gut and its biome constitute the most important ecosystem directly affecting human health. Dr. Gannage will review activities of the intestinal flora impact metabolic and immune function and how gut microbes shape human behavior. He will also discuss how gut microbiota is influenced by modern living, diet and modern medicine and how children with autism have microbiota profiles that are altered.

3:30 – 4:30 Preventative Health Care in Infancy - Dr. Steven Moss
During this session, Dr. Moss will review and discuss the evidence of what should be done in the time-constrained, and sometimes hearing impairing, well-infant visit.



Friday, August 4, 2017

Livorno (Florence), Italy

Evening

6:45 – 7:00 **Welcome: Day 4** - Your hosts will outline the CME program for the evening.

7:00 – 8:00 **Integrative Medicine for Children's Mental Health: Children and Environmental Medicine Part I** - *Dr. John Gannage*
Children develop in an environment of chemicals. Neurotoxicity changes the architecture and function of the brain and toxins such as mercury pass into cord blood and breastmilk, and humans sit at the top of the food chain. Dr. Gannage will review that the key is low level, chronic exposures over time, and at critical stages of development.

Saturday, August 5, 2017

Civitavecchia (Rome), Italy

Evening

6:45 – 7:00 **Welcome: Day 5** - Your hosts will outline the CME program for the evening.

7:00 – 8:00 **The Well-Infant Visit Workshop** - *Dr. Steven Moss*
This session will be a time to learn, adjust and be peer evaluated in the well-infant visit to improve your patient care.

Sunday, August 6, 2017

At Sea

7:45 – 8:00 **Welcome: Day 6** - Your hosts will outline the CME program for the morning.

8:00 – 9:00 **Getting the Most out of Your EMR** – *Dr. Benjamin Burko*
Dr. Burko will review the importance of the EMR in the management of Pediatrics and give some tips and tricks available.

9:00 – 10:00 **Preventative Health Care in Adolescents** - *Dr. Steven Moss*
Dr. Moss will highlight changes in recommendations and review what should be covered in a visit. He will also discuss what screening and counselling should be provided.

10:00 – 11:00 **Integrative Medicine for Children's Mental Health: Children and Environmental Medicine Part II** - *Dr. John Gannage*
During Part II, Dr. Gannage will use discuss how the persistence of ongoing lead exposures can affect children and the effect on school performance. He will review how lead is the single most important environmental cause of intellectual disability and developmental delay in children.

11:00 – 12:00 **The Well-Adolescent Visit** - *Dr. Steven Moss*
During this workshop session, delegates will work as a group on consolidating all of the recommendations and sensitive aspects of this visit into an efficient and time sensitive practice.

12:00 – 1:30 **Lunch**



Sunday August 6th Continued...

Afternoon

1:30 – 2:30 Integrative Medicine for Children’s Mental Health: Food and Children’s Mental Health - *Dr. John Gannage*

During this session, Dr. Gannage will review the sugar effect and how to recognize food as a trigger of CNS autoimmunity. He will discuss dietary excitotoxins and explain the mental health food pyramid.

2:30–3:30 Vaccine Hesitancy- *Dr. Steven Moss*

Dr. Moss will present on the ‘how to’ aspect of the visit regarding vaccine hesitancy.

3:30 – 4:30 Integrative Medicine for Children’s Mental Health: Oxidative Stress, Methylation Defects & Mitochondrial Dysfunction - *Dr. John Gannage*

Dr. Gannage will discuss the metabolic co-morbidities that exist in autism and how oxidative stress and mitochondrial dysfunction are key pillars that underlie abnormalities in neurodevelopment. He will also review how antioxidant therapy and methylation support can play a supportive role in the management of NDDS.

Monday August 7, 2017

Kotor, Montenegro

Morning

7:45 – 8:00 Welcome: Day 7 - Your hosts will outline the CME program for the morning.

8:00 – 9:00 I’ve Got This Rash – *Dr. Steven Moss*

During this interactive session, Dr. Moss will present common visual conditions and review briefly the management of common dermatological conditions.

9:00 – 10:00 Billing for Non-Insured Services from A-Z - *Dr. Benjamin Burko*

Dr. Burko will identify why certain non-insured services should be made available to patients and associate specific values and charges to specific non-insured services. He will also review how to prepare patients for the onset of charges and identify legal obligations and work-arounds in the case of the patient who cannot vs. will not pay for non-insured services.

Tuesday August 8, 2017

Split, Croatia

Evening

5:45 – 6:00 Welcome: Day 8 - Your hosts will outline the CME program for the day.

**6:00 – 7:00 Integrative Medicine for Children’s Mental Health: Nutrient Therapy
*Dr. John Gannage***

Dr. Gannage will discuss key concepts in nutrient therapy – functional deficiencies, compartmentalization and individualization. He will also take a closer look at Vitamin D, Magnesium and Omega 3 Fatty Acids.



Wednesday August 9, 2017

Venice, Italy

Morning

7:45 – 8:00 **Welcome: Day 6** - Your hosts will outline the CME program for the morning.

8:00 – 9:00 **Integrative Medicine for Children's Mental Health: Case Studies**

Dr. John Gannage

During this session, Dr. Gannage will review the complexities and nuances of 'piecing it all together'.

9:00 – 10:00 **Quick Hits** - *Dr. Steven Moss*

Dr. Moss will review topics that are relevant and not covered in other sessions and discuss what changes in practice should be considered and how to implement those changes.

10:00 – 11:00 **Personal Time Management** - *Dr. Benjamin Burko*

During his last session, Dr. Burko review the 'Seven Habits of Highly Effective People' and discuss strategies to minimize the wasting of time and introduce Project Management – the science of change.

11:00 – 12:00 **Preventive Care & A Healthy Lifestyle for Physicians** - *Dr. John Gannage*

During this session, Dr. Gannage review the importance of prevention and healthy lifestyle behaviours for physicians. He will discuss the benefits of improved practitioner self-care to improved lifestyle counselling for patients and identify barriers to achieving proper nutrition, sleep, exercise and self-care within the medical profession.