

## SPEAKER PROFILES

### CARDIOVASCULAR, DIABETES & OBESITY UPDATE 2014 EUROPEAN EXPLORER: SEPTEMBER 6-20, 2014



**David Fitchett, MD, FRCPC, FACC, FESC**

Dr. David Fitchett graduated from Cambridge University in the UK in 1970, and continued his clinical training at The Middlesex Hospital Medical School, London. His cardiology training was at The Brompton and Hammersmith Hospitals where he completed his MD thesis in Clinical and Experimental Studies of Heart Muscle Disorders. In 1978 he came to The Royal Victoria Hospital, Montreal where he was director of the CCU, and medical director of the cardiac transplant program.

He is a fellow of the American College of Cardiology, the European Society of Cardiology and of the Royal College of Physicians of Canada.

In 1997 he came to St Michael's Hospital in Toronto as Director of the Cardiac ICU (a position he held for 10 years) and was Associate Director of the Division of Cardiology for 5 years.

Dr. Fitchett is the Chair of the Macro-Vascular section of the Canadian Diabetes Association 2013 Guidelines.

Dr. Fitchett has over 200 reviewed publications, abstracts, and book chapters. His research interests are clinical trials in acute coronary syndromes, and the impact of diabetes and metabolic syndrome on heart disease.

Dr. Fitchett is an Associate Professor of Medicine at the University of Toronto and a Staff Cardiologist at St Michael's Hospital. He is a general invasive cardiologist with a special interest in ischemic heart disease, diabetes and heart disease, hypertension and the prevention of cardiovascular disease.



**Heather Lochnan, MD, FRCPC**

Dr. Heather Lochnan graduated from the University of Toronto Medical School and completed research training in Paris, France and at the Banting and Best Research Institute in Toronto. She is now Associate Professor of Medicine at the University of Ottawa Faculty of Medicine and Endocrinologist at the Ottawa Hospital.

Dr. Lochnan served as Chair of the Continuing Professional Development Committee of her national specialty society for 10 years and remains actively involved in the Canadian Society of Endocrinology and Metabolism. She is the Director of Continuing Professional Development for the Department of Medicine at the University of Ottawa and remains very involved in the undergraduate medical education. Her contributions to medical education at the local and national level were recognized in 2010 with an Educator of the Year Award from the CSEM and a Canadian Association of Medical Education Merit Award.

Dr. Lochnan remains involved in educational research with special interest program evaluation; she holds a Department of Medicine Career Educator award. She leads a clinical research group focused mainly on treatment of diabetes and its complications. She is the Ottawa site principal investigator for many international trials including the ACCORD Study looking at whether intensive control of blood sugars, blood pressure or cholesterol could reduce the risk of heart disease in people with type 2 diabetes. As well, she led the Ottawa teams in the HOPE, STOP-NIDDM and DREAM, ORIGIN and now the REMOVAL study to determine whether metformin can lead to cardiovascular risk reduction in people with DM-1.

## SPEAKER PROFILES

### CARDIOVASCULAR, DIABETES & OBESITY UPDATE 2014 EUROPEAN EXPLORER: SEPTEMBER 6-20, 2014

**Robert Dent, MD, FRCP(C)**

Robert Dent is a specialist in Internal Medicine with academic appointments in Endocrinology and Surgery at the University of Ottawa.

In 1992 he established the Weight Management Clinic at the Ottawa Hospital and the University of Ottawa. This is a multidisciplinary clinic designed with these objectives: patient care, teaching health care professionals and research in the genotype phenotype associations of obesity. This clinic design has been adopted in several Canadian university centres.

With respect to research he has 35 publications in peer reviewed journals in the last 7 years. These publications deal with the design and out comes of the clinic; and on the genetics of obesity. Since 2011 he and Dr Ruth McPherson hold a CIHR Genetics grant entitled Metabolic and Genetic determinants of Obesity and Obesity-related Phenotypes

During the years 2005 to 2007, He was a member of the Expert Committee for the Canadian Clinical Practice Guidelines on the Management and Prevention of Obesity and contributed two chapters to that work which were published in the Canadian Medical Association Journal in 2007.

Other memberships include: The Canadian Obesity Network (founding Membership), Bariatric Surgery Panel to develop the Health Technology Utilization Guidelines of Ontario, November 2005, Chairman for the working group on obesity for the Champlain Primary Care CVD Prevention Guidelines both in September 2006, and for the 2012 edition and Board member of The Ontario Bariatric Network, and Canadian Association of Bariatric Physicians and Surgeons.

Since 2009, he has worked with the Ministry of Health of Ontario as Chairman, The Ontario Bariatric Network Patient Assessment Working Group. The objectives of this committee were to develop criteria to identify appropriate candidates for bariatric surgery including those outside the usual BMI and age ranges; to develop a structured assessment process to allow fair and equitable access to obese patients requiring bariatric surgery.

His primary interests include, Obesity treatment, psychosocial aspects of obesity, patient advocacy, and the genotype-phenotype associations of obesity.