

## SPEAKER PROFILES

### POTPOURRI OF RECENT ADVANCES IN INTERNAL MEDICINE UPDATE 2014 CARIBBEAN: MARCH 8-15, 2014



#### **Dr. Denis Chauret, FRCPC**

#### ***Internal Medicine***

Dr. Denis Chauret completed his medical training and residency in Internal Medicine at the University of Montreal. Since 1998, Dr. Chauret has practiced as an Internist at the Montfort Hospital, Department of Medicine. In 2001, he was named Assistant Professor of Medicine at the University of Ottawa and promoted Associate Professor in 2009. Dr. Chauret is the Medical Director of the Montfort Diabetes Clinic, the Program Director of the Internal Medicine Francophone Residency Program at the Montfort Hospital and the Director of the Mini-School of Medicine at the University of Ottawa. He is a member of the Canadian Diabetes Association and the Canadian Society of Internal Medicine. Over the last 5 years, he had presented more than 400 CME programs nationally and internationally. He is the winner of the Canadian Association of Medical Education certificate of merit 2009 and a new Fellow of the American College of Physicians.



#### **Andrea J. Kuzmiski HBSc, ND**

#### ***Integrative Medicine***

Andrea J. Kuzmiski is a successful graduate of the Canadian College of Naturopathic Medicine. She is a member of the **Canadian Association of Naturopathic Medicine (CAND)** and is registered with the **Board of Directors of Drugless Therapy – Naturopathy (BDDT-N)**. Andrea holds an Honours Bachelor of Science degree from the University of Waterloo, and has extensive experience in the field of naturopathic endocrinology and holistic weight management. She holds additional certifications in parenteral therapy, cosmetic acupuncture and WTS (Wilson's Temperature Syndrome) therapy.

While she enjoys all aspects of naturopathic medicine, Andrea has a special interest in hormone imbalances, metabolic syndrome, weight loss and digestive disorders. Her goal is to provide her patients with the guidance and knowledge that is essential for achieving optimal health and wellness. Andrea has adopted an integrative approach to naturopathic medicine and is committed to working with primary health care physicians to provide complementary care and prescription drug management.

Andrea's passion for promoting health and wellness has made her a sought after spokeswoman in both the public and corporate environment. As a dynamic speaker, Andrea's media reel includes guest appearances on CIUT 89.5 FM Take 5 morning show, a monthly health column in SportsXpress magazine, health and wellness related articles for VIVA magazine and bimonthly patient lectures for the Wharton Medical Clinic. Andrea has shared her naturopathic expertise with numerous corporations and is the in-house naturopathic doctor for Boston Pizza International (Ontario division). Most recently, Andrea was honoured with the award for Burlington's Best Naturopathic Doctor and was the keynote integrative speaker for the CMEatSEA obesity update.



#### **Tara Tucker, MD**

#### ***Physicians' Health***

Dr. Tucker attended Medical School at Memorial University of Newfoundland, followed by further training in Pediatrics and Pediatric Oncology in Newfoundland and Vancouver, BC, working in these fields for 10 years. She did further subspecialty training in Palliative Medicine. She currently works at Bruyere Continuing Care, both on the Palliative Care Unit and in the Palliative Pain and Symptom Management Consultation Service in the community.

She is a Compassion Fatigue Educator and has given many talks and workshops locally, nationally, and internationally around the topic of compassion fatigue, the emotional and physical exhaustion that can devastate clinicians caring for the suffering. Her interest in self-care lead her to become the Director of Faculty Wellness at the Faculty of Medicine, in which she guided and educated physicians on a path of improving self-care.

Her research interests include communication, interprofessional education, and compassion fatigue, and she is PI or co-PI on a number of current research projects, for which she has been awarded several grants. She is a two-time winner of the Phoenix Fellowship in 2012 and 2013, through the Associated Medical Services, which supports her continued work and research in compassion fatigue.

Her own self-care strategy consists of running, cycling, skiing, and hanging out with her children and partner, and travel, as she tries to practice what she preaches in the realm of self-care.

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#### **Michael Fraleigh, B.A., J.D.**

Michael is a Partner at Fogler, Rubinoff LLP where he heads the health law group. He is also a member of the Firm's Executive Committee. Michael has extensive experience in all aspects of health law including the representation of physicians in regulatory matters involving complaints, discipline, quality assurance, fitness to practice and registration issues. He has represented numerous physicians in hospital privilege disputes as well as in matters involving the management and business operations of a medical practice including billing issues. He also advises corporations and institutions with respect to health law issues. Michael is also an experienced medical malpractice litigator having both defended physicians and represented plaintiffs. Michael is a frequent speaker at continuing education programs for health care practitioners and lawyers on issues relating to health law and medical practice. Michael is Immediate Past President of the Medico-Legal Society of Toronto.



#### **Anna Khan MBA, PFP**

Mrs. Khan is the Director of Business Development for the management of medical professionals and their families personal and business assets.

Mrs. Khan has over sixteen years of Financial Investment experience spanning the entire retail banking lifecycle including customer service, account management & investment planning as well as management of retail branches for one of Canada's leading financial institutions. Mrs. Khan is a Director of the Canadian Association of Women Executives and Entrepreneurs advisory council, a member of the Toronto Board of Trade and a member of the Women's Post. Mrs. Khan teaches investment courses at the George Brown College and also volunteers her time at the Toronto Board of Education, where she inspires Canada's new immigrants on their job opportunities.