



Mind, Body & Spirit
a fresh approach to CME

SPEAKER PROFILES

PREVENTIVE MEDICINE & PRIMARY CARE UPDATE 2016

CARIBBEAN: MARCH 12-19, 2016



Dr. Denis Chauret, FRCPC

Dr. Denis Chauret completed his medical training and residency in Internal Medicine at the University of Montreal. Since 1998, Dr. Chauret has practiced as an Internist at the Montfort Hospital, Department of Medicine. In 2001, he was named Assistant Professor of Medicine at the University of Ottawa and promoted Associate Professor in 2009. Dr. Chauret is the Medical Director of the Montfort Diabetes Clinic, the Program Director of the Internal Medicine Francophone Residency Program at the Montfort Hospital and the Director of the Mini-School of Medicine at the University of Ottawa. He is a member of the Canadian Diabetes Association and the Canadian Society of Internal Medicine. Over the last 5 years, he had presented more than 400 CME programs nationally and internationally. He is the winner of the Canadian Association of Medical Education certificate of merit 2009 and a new Fellow of the American College of Physicians.



Dr. W. Shane Williams

Dr. W. Shane Williams was born and raised in Newfoundland and received a majority of his education in that province. He attended Memorial University of Newfoundland in St. John's, and obtained his Bachelor of Science in Pharmacy. He was selected as valedictorian of the Pharmacy Class of 1995. While working part-time as a pharmacist, Dr. Williams completed his 4 year MD program and a 3 year post-graduate Fellowship in Internal Medicine at Memorial University of Newfoundland. Although he excelled in a number of subspecialties, it was his lifelong fascination with Cardiology that motivated him to seek a position in the prestigious 3 year Cardiology Subspecialty Fellowship training program at McMaster University in Hamilton. In 2008, Dr. Williams moved to Muskoka, Ontario to open his practice in Cardiology and Internal Medicine.



Dr. Timothy Cook, MD, FRCPC, MHP, DTMH, CD, LCol (Ret'd)

Dr. Cook completed his MD at Queen's University (1986), General Internal Medicine fellowship at the University of Toronto (1995) and a Master's degree in Public Health (Health Promotion) from the University of London (UK) (2006). LCol Cook (Ret'd) enjoyed 20 years in the Canadian Forces Medical Services, retiring in 2003. He trained in occupational and environmental health, had several deployments abroad and also served as the personal physician to two Governors General of Canada. Since then he has been recognized for his work in executive and corporate health and was the Associate Medical Director and Chief Medical Officer of two executive health clinics in downtown Toronto. Over the past decade Dr. Cook has expanded his interest in disease prevention and management through the incorporation into his life and clinical practice of Mind-Body medicine, mindfulness meditation and integrative health. In 2013 he founded the P3 Health Clinic for Personalized, Participatory and Preventive Medicine, and directs a multi-disciplinary team of conventional and complementary health practitioners.



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Gordon Berger

Wealth Management

Gordon Berger has been in the financial services business since 1970. As an MDRT Life Member, he has achieved Special Life and Qualifier Member of "Top of the Table", an accomplishment awarded to less than 400 agents in the world. Gordon was admitted to the "Quarter Century Club", a division of MDRT, more than 15 years ago, and has been a continuous members for 41 years or more.

Gordon has made numerous appearances on both television and radio. He was most recently seen on TV Ontario's "Money Blues", and has appeared regularly on "Money Talks" on CHF1 Radio, and makes frequent guest appearances on CFRB. He has also appeared on TV Ontario's "Small Business" program. Gordon has participated as co-author of various books such as "Law Practice Management Guide", "Accounting Practice Management", "Power of Money" and "Turnaround, the Complete Canadian Guide". Gordon is a co-author of the "Canadian Guide to Tax Planning, Benefits and Compensation for Executives and Managers, as well as a new book "The Essential Individual Pension Plan Handbook" launched in 2010.

Gordon has served on a discussion panel at the Financial Services Industry Summit, and has lectured at the University of Toronto, York University, The Shulich School of Business, the Canadian Bar Association, and CCH Canadian Limited, as well as a lecturer to many Accounting & Law firms and professional study groups. He is a co-author of "The TASK – The Trusted Advisor's Survival Kit" (LexisNexis, 2009).