

SPEAKER PROFILES

MEN'S HEALTH & NEUROLOGY UPDATE 2014

BALTIC: JULY 8-20, 2014



Dr. Peter Cybulski, MD

Men's Health

Dr. Peter Cybulski is currently a General Urologist in Kitchener-Waterloo. He completed his MD at Queen's University and then Residency at the University of British Columbia. He subsequently pursued a comprehensive Fellowship in Endourology and Laparoscopy at St. Michael's Hospital in Toronto and joined the Department of Surgery at St. Mary's General Hospital and Grand River Hospital in 2003. He also works as a Surveyor with Accreditation Canada since 2012. He thoroughly enjoys delivering enthusiastic Urology CME to FP's.



Dr Richard Hardie TD MD MA FRCP (Lon) FRCP (Edin)

Neurology

Dr. Richard Hardie studied at Cambridge University and St. Thomas's Hospital Medical School, and later trained at the National Hospital for Neurology and Neurosurgery in London for 6 years.

Until November 2013 he was a full-time Consultant Neurologist at the Regional Neurosciences Centre at Frenchay Hospital in North Bristol, UK, and continues to work there part-time. He was the lead neurologist for stroke services, and actively involved in thrombolysis.

He served in the Territorial Army for 26 years, and was an active military parachutist. Before moving to Bristol in 2005 he was employed by the Ministry of Defence as Director of Neurorehabilitation at DMRC Headley Court. He has also been a consultant at Atkinson Morley's and St George's Hospitals in London, and the Royal Devon & Exeter Hospital.

Dr. Hardie co-authored the chapter on neurological conditions for *Fitness for Work*, the standard UK occupational medicine textbook. He sits regularly, appointed by the Lord Chancellor, on appeals tribunals for UK criminal injuries and armed forces and war pensions compensation.

In his spare time, he is an active Bristol Society rugby referee and assessor, and has an interest in concussion and head injury in sport, on which he advises Bristol Rugby Club and the English Rugby Football Union.



Dr. Andrew Tresidder, MD, BS, MRCGP

Integrative Medicine / Physician's Health

Dr Andrew Tresidder trained at Guys Hospital. Since 1989 he has been a GP at Springmead Surgery in Chard, Somerset. From 2004-5 he was on the Professional Executive Committee of South Somerset Primary Care Trust, and is currently a Patient Safety GP Adviser to Somerset PCT. Andrew has experience in Prison and Forensic Medical work, and is an approved doctor under the Mental Health Act. He gained a Certificate of Medical Education in 2005.

From 1998-2006 Andrew was the local constituency representative on the Somerset Local Medical Committee. In 2003 he was part of the Stress in Primary Care Working Group, and wrote papers on Supporting GPs and their Emotional Well-Being. He gave a key-note presentation on the Emotional Well-Being of GPs at the 2004 Somerset LMC Conference, and helped refine the Somerset Occupational Health provision for GPs. A poster on "Self-Care for Health Professionals" was exhibited in 2008 at the BMA AMA CMA "Doctor's Health Matters" Conference in London. Andrew works both with individuals and organizations to help set strategy on health. Books include "I'm Fine, Learning to Unblock Your Emotions" (2002) and "Lazy Person's Guide to Emotional Healing, Using Flower Essences" Successfully (2000), whilst 2009 saw the release of a DVD Nature's Alchemy.

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Anna Khan MBA, PFP

Wealth Management

Mrs. Khan is the Director of Business Development for the management of medical professionals and their families personal and business assets.

Mrs. Khan has over sixteen years of Financial Investment experience spanning the entire retail banking lifecycle including customer service, account management & investment planning as well as management of retail branches for one of Canada's leading financial institutions. Mrs. Khan is a Director of the Canadian Association of Women Executives and Entrepreneurs advisory council, a member of the Toronto Board of Trade and a member of the Women's Post. Mrs. Khan teaches investment courses at the George Brown College and also volunteers her time at the Toronto Board of Education, where she inspires Canada's new immigrants on their job opportunities.