

## SPEAKER PROFILES

### CARDIO-PULMONARY UPDATE 2013

#### MEDITERRANEAN: AUGUST 9-21, 2013



#### **Dr. Allan Hess, MD, FRCP©**

Dr. Hess completed his undergraduate medical degree at the University of Toronto in 1979. He subsequently completed residencies in internal medicine and cardiology at the University of Toronto. He was the chief medical resident in 1983 - 84.

He joined the staff at York County Hospital, which was a small community hospital. Because of its geographic location and local expertise, York County was designated to become a regional referral center for advanced cardiac services. He has helped lead the program which has quickly developed into one of the largest cardiac programs in the province of Ontario. Annual volumes include nearly 1000 open-heart procedures, 2500 percutaneous interventions and nearly 6000 diagnostic angiograms. It is a Center of excellence for atrial fibrillation and complex populations. The hospital was renamed Southlake as a reflection of its changed mandate.

He was director of medical cardiology and CCU from 2000 until 2007. He has been director of continuing medical education from 1998 until the present. He has been the principal investigator at Southlake for many multicenter trials including HOPE, DIG, AIM HIGH, AFFORD, SIGNIFY, PREMIER and ARISE. His practice interests include both general cardiology and invasive cardiology.



#### **DR. D. KENNETH ROBERTS, MD, FRCP©**

Ken Roberts has been a community respirologist and general internist for 30 years. He is a past chief of medicine and of respirology at Southlake Regional Health Centre in Newmarket, Ontario, which awarded him the Physician Award of Excellence in 2008. Ken is an experienced educator on pulmonary and sleep topics, and has a special interest in DVT and pulmonary embolism. Ken also enjoys his frequent medicine locum stints in Yellowknife, NT at Stanton Territorial Hospital. He is a graduate of Princeton University, the University of Toronto Medical School, and the Toronto residency program.



#### **Dr Lee Burton MB BS BSc (Hons) DCH DRCOG DK(Bologna) MRCGP MFHom. Member British Medical Acupuncture Society**

Qualified at St Bartholomew's Hospital, London University, with postgraduate training based around Oxford, Dr Lee Burton has extensive medical experience over more than 20yrs in rural General Practice. During this he developed his Integrated Medical practice, combining the best of conventional and complementary approaches, specializing in Homeopathic medicine and Acupuncture, and working closely with other complementary therapists. He trained in classical Homeopathic medicine in Bristol, then Bologna, Italy. He is a Homeopathic Physician at the **Bristol Homeopathic Hospital** in General and Paediatric medicine and specialist Cancer services, and is a Physician in Palliative care.

He specializes in medical care **'individualized to the patient'** successful in many disabling long-term conditions such as allergy, bowel disorders, migraine, and fatigue states. With an interest in managing long-term pain such as back pain and arthritis successfully, his integrated approach can be an important support in all stages of Cancer care.

He is Integrated Medical Director of the innovative Natural Health Practice at the **Culm Valley Integrated Centre for Health** in Devon - a collaborative project with the NHS. He has an active interest in research and ethics, and in helping patients and physicians develop their own 'self-help' strategies for healthier living. Dr Burton has wide experience with children and family medicine, and everyday mental health problems such as stress, anxiety, and depression.